

**FAQ's for Teacher Training Course -Intermediate certificate (TTC-IC).  
The Yoga Institute, Mumbai.**

**1) How long is the program?**

The course is for 12 weeks, from **14<sup>th</sup> December 2020 to 6<sup>th</sup> March 2021.**

**2) What is the training program cost and what all does it cover?**

The program fee for 500 hours teachers training course is INR.50000.This fee includes the tuition fee-online and training material. Click the below link to know the details of the course syllabus:

<https://theyogainstitute.org/wp-content/uploads/2020/08/SYLLABUS-500-hrs.pdf>

**3) Are you conducting the course online as there's lockdown currently?**

Yes, we are conducting it online due to the lock down and current pandemic situation.

**4) What are the prerequisites for this online program?**

As the TTC-IC program would be conducted online, you would need a device (smartphone/laptop/tablets etc.) with good internet connection to run the Zoom App for online classes.

About Zoom App: Available free on Google playstore/AppStore/laptops. Free sign up using your mail ID. Specific login details would be provided to enter sessions of the program.

**5) Will the entire course be online even after release of the lock down?**

Yes! The program would be conducted online throughout.

**6) What would be the difference between the regular and the online program?**

The program would be exactly the same which includes the syllabus, course material and the teachers conducting the sessions.

**7) What is the teacher training program schedule?**

The 500+ hours teacher training program is very disciplined. It will require 80% of class attendance, 100% of your involvement in all sessions and full commitment to the process, which includes approx 400 hours of class engagement and 150 hours of non-contact hours related to the course. The daily schedule would be from Monday to Saturday from 7:00 am to 8:30 am and



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4:30 pm to 8:30 pm. Further details would be shared as you enroll. The students are expected to follow the program schedule strictly.

## **8) Can I get the recording of the sessions if I miss the class?**

The institute reserves the rights to record the sessions for reference teaching and their own data.

Students are strictly not allowed to record, reproduce, distribute, modify, create derivative works of, publicly display (social media), republish, store or transmit any of the sessions.

## **9) Will you be providing the course material to study at home?**

The participants would be provided with the soft copy of the teacher training handbook after the orientation and rest of the material shall be couriered to students in India and abroad.

**The courier charges have to be borne by the student.**

## **10) When would the course end?**

The last date for the course would be **6<sup>th</sup> March 2021**.

## **11) How will I be assessed for the certification?**

On completion of the course with minimum required attendance, and completion of assignments, students will be eligible to appear for an exam. Students, who successfully pass the exams, would be awarded the TTC-IC certificate.

## **12) When will I get the certificate?**

The certificates are awarded to the students after successful completion of the exam. We would be sending the certificate via email. The hard copy of the certificate can be couriered, if requested. The courier cost will have to be borne by the students.

## **13) Will my certificate mention that I have done the course online?**

The certificate would not mention these details.

## **14) Why 'The Yoga Institute'? How will the course benefit me?**

The Yoga Institute is the oldest organised yoga center in the world. It is recognized by the Government of India (Ministry of Ayush) and was the first Yoga school to be accredited after the AYUSH-YCB scheme was launched. This is RYT 500-hour course, fully accredited with the Yoga Alliance, USA and the participant is eligible to apply on Yoga Alliance site as Register Yoga Teacher.



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### **15) How to register for the program?**

Click on the below link to register and make payment:

<https://theyogainstitute.org/500-hrs-online-yoga-teacher-training-course-intermediate-level/>

### **16) What if I am not able to finish the course due to any technical issue or emergency?**

In such a case, you may choose to join the subsequent batches, to finish the course and appear for the exam, within 1 year.

### **17) Can students get the recording of the missed class; can students record the sessions?**

Students are prohibited from recording these live sessions. We don't use any Pre recorded videos, rather its a live session where you can directly interact with the teacher

### **18) Are the sessions live or recorded?**

All the sessions are live interactive sessions.

### **19) Is there any other option to make payment of the fees and register?**

You can transfer the funds to the below-mentioned bank account. Please mention your FULL NAME while making the transfer, followed by an email to email id: mentioning the details of payment, attaching a copy of the e-receipt, or a screenshot confirming the payment, with the subject line "1-month payment – your FULL NAME".



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## THE BANK DETAILS

<b>Account Name</b>	The Yoga Institute
<b>Account Number</b>	0711679519
<b>Name of the Bank</b>	KOTAK MAHINDRA BANK
<b>IFSC Code of the branch</b>	KKBK0000674
<b>Address</b>	1A, 1B, 2 & 3, Majhithia Apartments, 189 - S. V. Road, Mumbai - 400 056, Maharashtra
<b>Type of Account</b>	Savings Account
<b>Swift Code (For Overseas Payment)</b>	KKBKINBBCPC
<b>Beneficiary Contact Details</b>	022-26110506 Email : <a href="mailto:info@theyogainstitute.org">info@theyogainstitute.org</a>